



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Malig, Ralf

Club: Bowlingclub Senftenberg
Number: 294

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:00:57

Speed: 10.46 km/h
Running performance: 5:43 min/km

Rank in course/Total: 41 (of 272)

Rank in course/Men: 40 (of 245)

Best time in course: 3:07:01

Rank in category: 3(of 40)

Best time in the category: 3:22:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:13	5:14	7	3:36	62	4:27	3.47	18:13	5:14	24		46	
Runde	3.47	19:09	5:31	4	4:01	74	4:28	6.94	37:22	5:23	24		46	
Runde	3.47	19:34	5:38	5	3:49	74	4:37	10.41	56:56	5:28	24		46	
Runde	3.47	19:35	5:38	3	3:22	64	3:58	13.88	1:16:31	5:30	23		45	
Runde	3.47	19:46	5:41	3	3:14	60	4:11	17.35	1:36:17	5:32	23		44	0:01
Runde	3.47	20:09	5:48	3	3:01	56	4:41	20.82	1:56:26	5:35	23		44	
Runde	3.47	20:38	5:56	3	3:10	52	5:05	24.29	2:17:04	5:38	23		44	
Runde	3.47	20:39	5:57	3	3:13	38	4:31	27.76	2:37:43	5:40	23		44	
Runde	3.47	20:02	5:46	2	2:08	21	4:00	31.23	2:57:45	5:41	23		43	38:55
Runde	3.47	20:37	5:56	2	2:10	24	4:31	34.70	3:18:22	5:42	23		40	43:26
Runde	3.47	21:05	6:04	2	2:42	23	5:13	38.17	3:39:27	5:44	23		40	48:39
Runde	3.97	21:30	5:24	5	21:01	40	21:13	42.18	4:00:57	5:42	4	2:31:44	43	2:31:44