



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Holm, Philip

Club: Tejn IF Løb

Number: 186

Course: 42.18 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 4:01:12

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 42 (of 272)

Rank in course/Men: 41 (of 245)

Best time in course: 3:07:01

Rank in category: 7(of 20)

Best time in the category: 3:07:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:09	5:48	15	5:52	113	6:23	3.47	20:09	5:48	12	0:42	47	
Runde	3.47	19:09	5:31	9	4:08	74	4:28	6.94	39:18	5:39	12	1:46	47	
Runde	3.47	20:05	5:47	10	5:08	87	5:08	10.41	59:23	5:42	12	3:25	47	
Runde	3.47	20:16	5:50	9	4:39	81	4:39	13.88	1:19:39	5:44	12	4:54	46	
Runde	3.47	20:15	5:50	10	4:40	69	4:40	17.35	1:39:54	5:45	12	5:58	45	3:38
Runde	3.47	19:46	5:41	8	4:18	48	4:18	20.82	1:59:40	5:44	12	6:26	45	2:00
Runde	3.47	20:16	5:50	7	4:43	41	4:43	24.29	2:19:56	5:45	12	6:12	45	
Runde	3.47	19:45	5:41	6	3:37	23	3:37	27.76	2:39:41	5:45	12	5:03	45	
Runde	3.47	20:12	5:49	6	4:10	24	4:10	31.23	2:59:53	5:45	12		44	41:03
Runde	3.47	19:55	5:44	5	3:49	16	3:49	34.70	3:19:48	5:45	12		41	44:52
Runde	3.47	20:43	5:58	5	4:51	21	4:51	38.17	3:40:31	5:46	12		41	49:43
Runde	3.97	20:41	5:12	5	4:28	29	20:24	42.18	4:01:12	5:43	8	54:11	44	2:31:59