



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Gentz, Armin

Club: Gransee
Number: 110

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:07:39

Speed: 10.18 km/h
Running performance: 5:52 min/km

Rank in course/Total: 53 (of 272)

Rank in course/Men: 51 (of 245)

Best time in course: 3:07:01

Rank in category: 9(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:39	5:39	26	3:49	101	5:53	3.47	19:39	5:39	41		58	
Runde	3.47	20:19	5:51	30	3:52	114	5:38	6.94	39:58	5:45	41		58	
Runde	3.47	20:10	5:48	21	3:13	89	5:13	10.41	1:00:08	5:46	41		58	
Runde	3.47	20:00	5:45	15	2:59	73	4:23	13.88	1:20:08	5:46	41		57	
Runde	3.47	20:23	5:52	16	3:08	72	4:48	17.35	1:40:31	5:47	41		56	4:15
Runde	3.47	20:21	5:51	11	2:32	61	4:53	20.82	2:00:52	5:48	41		56	3:12
Runde	3.47	20:21	5:51	10	2:10	47	4:48	24.29	2:21:13	5:48	41		56	0:58
Runde	3.47	19:54	5:44	3	1:27	27	3:46	27.76	2:41:07	5:48	41		56	
Runde	3.47	20:06	5:47	3	1:31	23	4:04	31.23	3:01:13	5:48	41		55	42:23
Runde	3.47	20:52	6:00	4	1:23	25	4:46	34.70	3:22:05	5:49	41		51	47:09
Runde	3.47	22:31	6:29	5	3:04	41	6:39	38.17	3:44:36	5:53	41		51	53:48
Runde	3.97	23:03	5:48	9	5:04	59	22:46	42.18	4:07:39	5:52	9	31:56	54	2:38:26