



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kny, Gerald

Club: Laufwunder Steyr
Number: 249

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:08:15

Speed: 10.15 km/h
Running performance: 5:53 min/km

Rank in course/Total: 54 (of 272)

Rank in course/Men: 52 (of 245)

Best time in course: 3:07:01

Rank in category: 13(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:40	5:40	23	5:08	103	5:54	3.47	19:40	5:40	27		52	
Runde	3.47	19:33	5:38	22	4:31	88	4:52	6.94	39:13	5:39	27		52	
Runde	3.47	18:44	5:23	12	3:15	50	3:47	10.41	57:57	5:34	27		59	
Runde	3.47	18:26	5:18	7	2:28	36	2:49	13.88	1:16:23	5:30	27		58	
Runde	3.47	18:54	5:26	7	2:12	37	3:19	17.35	1:35:17	5:29	27		57	
Runde	3.47	19:24	5:35	9	2:15	41	3:56	20.82	1:54:41	5:30	27		57	
Runde	3.47	20:23	5:52	11	2:24	48	4:50	24.29	2:15:04	5:33	27		57	
Runde	3.47	20:48	5:59	10	2:22	39	4:40	27.76	2:35:52	5:36	27		57	
Runde	3.47	21:05	6:04	10	1:54	36	5:03	31.23	2:56:57	5:39	27		56	38:07
Runde	3.47	21:40	6:14	9	2:14	32	5:34	34.70	3:18:37	5:43	38		52	43:41
Runde	3.47	23:15	6:42	13	3:49	52	7:23	38.17	3:41:52	5:48	38		52	51:04
Runde	3.97	26:23	6:38	24	8:24	122	26:06	42.18	4:08:15	5:53	14	33:21	55	2:39:02