



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Tatsios, Gregor**

Club: Spiridon Frankfurt  
Number: 462

Course: 42.18 km  
Marathon

Category:  
Senioren M30 (30-34 Jahre)

Total time: 4:13:50

Speed: 9.93 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 58 (of 272)

Rank in course/Men: 56 (of 245)

Best time in course: 3:07:01

Rank in category: 8(of 18)

Best time in the category: 3:19:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:36	5:38	10	4:19	99	5:50	3.47	19:36	5:38	11	2:48	64	
Runde	3.47	19:16	5:33	9	4:00	77	4:35	6.94	38:52	5:36	11	3:44	64	
Runde	3.47	19:20	5:34	9	3:27	68	4:23	10.41	58:12	5:35	11	4:34	64	
Runde	3.47	19:54	5:44	9	3:51	71	4:17	13.88	1:18:06	5:37	11	5:04	63	
Runde	3.47	19:43	5:40	8	3:39	59	4:08	17.35	1:37:49	5:38	11	4:41	62	1:33
Runde	3.47	20:28	5:53	8	4:27	63	5:00	20.82	1:58:17	5:40	11	4:25	62	0:37
Runde	3.47	22:29	6:28	8	6:23	89	6:56	24.29	2:20:46	5:47	11	3:21	62	0:31
Runde	3.47	20:51	6:00	7	4:34	41	4:43	27.76	2:41:37	5:49	11	0:02	62	
Runde	3.47	21:18	6:08	7	4:49	40	5:16	31.23	3:02:55	5:51	11		61	44:05
Runde	3.47	23:16	6:42	8	5:54	56	7:10	34.70	3:26:11	5:56	11		56	51:15
Runde	3.47	23:25	6:44	8	4:42	60	7:33	38.17	3:49:36	6:00	11		56	58:48
Runde	3.97	24:14	6:06	10	6:36	75	23:57	42.18	4:13:50	6:01	8	53:54	59	2:44:37