



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 469

Course: 42.18 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:15:35

Speed: 9.86 km/h
Running performance: 6:04 min/km

Rank in course/Total: 60 (of 272)

Rank in course/Men: 58 (of 245)

Best time in course: 3:07:01

Rank in category: 2(of 19)

Best time in the category: 3:20:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:19	4:42	2	0:51	22	2:33	3.47	16:19	4:42	17		66	
Runde	3.47	18:49	5:25	2	3:01	67	4:08	6.94	35:08	5:03	17		66	
Runde	3.47	19:24	5:35	2	3:19	69	4:27	10.41	54:32	5:14	17		66	
Runde	3.47	19:28	5:36	2	3:04	61	3:51	13.88	1:14:00	5:19	17		65	
Runde	3.47	21:21	6:09	3	4:35	103	5:46	17.35	1:35:21	5:29	17		64	
Runde	3.47	21:24	6:10	2	4:21	84	5:56	20.82	1:56:45	5:36	17		64	
Runde	3.47	22:09	6:22	2	5:33	80	6:36	24.29	2:18:54	5:43	17		64	
Runde	3.47	23:11	6:40	3	6:07	88	7:03	27.76	2:42:05	5:50	17		64	
Runde	3.47	23:39	6:48	4	6:01	76	7:37	31.23	3:05:44	5:56	17		63	46:54
Runde	3.47	23:44	6:50	4	6:17	66	7:38	34.70	3:29:28	6:02	17		58	54:32
Runde	3.47	23:18	6:42	3	6:13	55	7:26	38.17	3:52:46	6:05	17		58	1:01:58
Runde	3.97	22:49	5:44	4	22:32	55	22:32	42.18	4:15:35	6:03	2	55:00	61	2:46:22