



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Jensen, Iben Lindgaard**

Club: Noerresundby  
Number: 211

Course: 42.18 km  
Marathon

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 4:15:58

Speed: 9.85 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 62 (of 272)

Rank in course/Women: 3 (of 27)

Best time in course: 3:36:40

Rank in category: 3(of 6)

Best time in the category: 3:36:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	20:02	5:46	3	3:28	8	3:28	3.47	20:02	5:46	3	3:28	10	
Runde	3.47	18:50	5:25	2	1:59	2	1:59	6.94	38:52	5:36	3	5:27	22	
Runde	3.47	19:59	5:45	3	2:50	4	2:50	10.41	58:51	5:39	3	8:17	22	
Runde	3.47	20:15	5:50	3	3:43	4	3:43	13.88	1:19:06	5:41	3	12:00	22	
Runde	3.47	20:30	5:54	3	3:08	4	3:08	17.35	1:39:36	5:44	3	15:08	22	
Runde	3.47	21:12	6:06	3	3:54	7	3:54	20.82	2:00:48	5:48	3	19:02	22	
Runde	3.47	21:07	6:05	3	2:52	3	2:52	24.29	2:21:55	5:50	3	21:54	22	
Runde	3.47	22:13	6:24	3	4:04	5	4:04	27.76	2:44:08	5:54	3	25:58	22	
Runde	3.47	22:36	6:30	3	2:56	4	2:56	31.23	3:06:44	5:58	3	28:54	22	
Runde	3.47	23:18	6:42	3	3:51	3	3:51	34.70	3:30:02	6:03	3	32:45	22	
Runde	3.47	22:39	6:31	3	4:08	3	4:08	38.17	3:52:41	6:05	3	36:53	22	
Runde	3.97	23:17	5:51	3	2:25	4	2:25	42.18	4:15:58	6:04	3	39:18	3	39:18