



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Avan, Mehmet

Club: djK Hattersheim
Number: 14

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:22:37

Speed: 9.60 km/h
Running performance: 6:14 min/km

Rank in course/Total: 75 (of 272)

Rank in course/Men: 69 (of 245)

Best time in course: 3:07:01

Rank in category: 4(of 40)

Best time in the category: 3:22:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:26	5:18	8	3:49	65	4:40	3.47	18:26	5:18	25		77	
Runde	3.47	19:37	5:39	7	4:29	91	4:56	6.94	38:03	5:28	25		77	
Runde	3.47	19:17	5:33	4	3:32	65	4:20	10.41	57:20	5:30	25		77	
Runde	3.47	19:47	5:42	4	3:34	65	4:10	13.88	1:17:07	5:33	24		76	
Runde	3.47	20:45	5:58	5	4:13	79	5:10	17.35	1:37:52	5:38	24		75	1:36
Runde	3.47	20:46	5:59	4	3:38	67	5:18	20.82	1:58:38	5:41	24		75	0:58
Runde	3.47	21:35	6:13	4	4:07	66	6:02	24.29	2:20:13	5:46	24		75	
Runde	3.47	22:43	6:32	6	5:17	74	6:35	27.76	2:42:56	5:52	24		75	
Runde	3.47	23:44	6:50	9	5:50	79	7:42	31.23	3:06:40	5:58	24		74	47:50
Runde	3.47	24:44	7:07	8	6:17	86	8:38	34.70	3:31:24	6:05	24		69	56:28
Runde	3.47	25:18	7:17	10	6:55	87	9:26	38.17	3:56:42	6:12	24		69	1:05:54
Runde	3.97	25:55	6:31	18	25:26	111	25:38	42.18	4:22:37	6:13	5	2:53:24	72	2:53:24