



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Feigl, Holger

Club: Spiridon Frankfurt
Number: 86

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:24:28

Speed: 9.53 km/h
Running performance: 6:16 min/km

Rank in course/Total: 80 (of 272)

Rank in course/Men: 73 (of 245)

Best time in course: 3:07:01

Rank in category: 18(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:06	6:04	29	6:34	133	7:20	3.47	21:06	6:04	45		81	
Runde	3.47	19:22	5:34	21	4:20	81	4:41	6.94	40:28	5:49	45		81	
Runde	3.47	19:41	5:40	21	4:12	79	4:44	10.41	1:00:09	5:46	45		81	
Runde	3.47	20:00	5:45	20	4:02	73	4:23	13.88	1:20:09	5:46	45		80	
Runde	3.47	20:02	5:46	18	3:20	65	4:27	17.35	1:40:11	5:46	45		79	3:55
Runde	3.47	20:35	5:55	18	3:26	65	5:07	20.82	2:00:46	5:48	45		79	3:06
Runde	3.47	21:05	6:04	17	3:06	59	5:32	24.29	2:21:51	5:50	45		79	1:36
Runde	3.47	22:40	6:31	18	4:14	72	6:32	27.76	2:44:31	5:55	45		79	
Runde	3.47	24:00	6:54	20	4:49	86	7:58	31.23	3:08:31	6:02	45		78	49:41
Runde	3.47	25:17	7:17	22	5:51	98	9:11	34.70	3:33:48	6:09	43		73	58:52
Runde	3.47	25:08	7:14	18	5:42	81	9:16	38.17	3:58:56	6:15	43		73	1:08:08
Runde	3.97	25:32	6:25	18	7:33	103	25:15	42.18	4:24:28	6:16	19	49:34	76	2:55:15