



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kreusel, Christian

Club: 1. FC Union Berlin
Number: 260

Course: 42.18 km
Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:27:07

Speed: 9.43 km/h
Running performance: 6:20 min/km

Rank in course/Total: 85 (of 272)

Rank in course/Men: 78 (of 245)

Best time in course: 3:07:01

Rank in category: 16(of 26)

Best time in the category: 3:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:27	6:10	17	7:41	148	7:41	3.47	21:27	6:10	12	3:32	87	
Runde	3.47	21:35	6:13	21	6:54	146	6:54	6.94	43:02	6:12	12	6:52	87	
Runde	3.47	23:54	6:53	26	8:11	194	8:57	10.41	1:06:56	6:25	12	12:09	87	
Runde	3.47	23:36	6:48	24	7:57	176	7:59	13.88	1:30:32	6:31	12	16:45	86	
Runde	3.47	22:09	6:22	19	6:09	134	6:34	17.35	1:52:41	6:29	12	19:31	85	16:25
Runde	3.47	22:10	6:23	17	6:10	110	6:42	20.82	2:14:51	6:28	12	22:27	85	17:11
Runde	3.47	22:18	6:25	16	5:33	83	6:45	24.29	2:37:09	6:28	12	23:01	85	16:54
Runde	3.47	21:48	6:16	13	5:14	57	5:40	27.76	2:58:57	6:26	12	22:06	85	14:17
Runde	3.47	22:22	6:26	12	5:03	50	6:20	31.23	3:21:19	6:26	12	20:59	84	1:02:29
Runde	3.47	22:45	6:33	10	5:43	44	6:39	34.70	3:44:04	6:27	12	18:58	79	1:09:08
Runde	3.47	22:36	6:30	11	5:38	43	6:44	38.17	4:06:40	6:27	12	16:14	79	1:15:52
Runde	3.97	20:27	5:09	5	4:28	27	20:10	42.18	4:27:07	6:19	16	1:12:53	81	2:57:54