



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Geske, Lutz

Club: Team Erdinger Alkoholfrei
Number: 115

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:29:48

Speed: 9.38 km/h
Running performance: 6:24 min/km

Rank in course/Total: 93 (of 272)

Rank in course/Men: 86 (of 245)

Best time in course: 3:07:01

Rank in category: 21(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:15	6:07	38	5:25	137	7:29	3.47	21:15	6:07	53		94	
Runde	3.47	20:54	6:01	37	4:27	126	6:13	6.94	42:09	6:04	53		94	
Runde	3.47	20:51	6:00	30	3:54	117	5:54	10.41	1:03:00	6:03	53		94	
Runde	3.47	21:25	6:10	28	4:24	116	5:48	13.88	1:24:25	6:04	53		93	
Runde	3.47	21:44	6:15	28	4:29	115	6:09	17.35	1:46:09	6:07	53		92	9:53
Runde	3.47	22:03	6:21	26	4:14	107	6:35	20.82	2:08:12	6:09	53		92	10:32
Runde	3.47	22:50	6:34	23	4:39	102	7:17	24.29	2:31:02	6:13	53		92	10:47
Runde	3.47	22:36	6:30	15	4:09	69	6:28	27.76	2:53:38	6:15	53		92	8:58
Runde	3.47	24:31	7:03	25	5:56	101	8:29	31.23	3:18:09	6:20	53		91	59:19
Runde	3.47	23:53	6:52	12	4:24	67	7:47	34.70	3:42:02	6:23	53		86	1:07:06
Runde	3.47	23:49	6:51	10	4:22	64	7:57	38.17	4:05:51	6:26	53		86	1:15:03
Runde	3.97	23:57	6:01	11	5:58	70	23:40	42.18	4:29:48	6:23	21	54:05	89	3:00:35