



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Karl, Wolfgang

Total time: 4:30:19

Number: 224

Speed: 9.32 km/h

Running performance: 6:25 min/km

Course: 42.18 km
Marathon

Rank in course/Total: 97 (of 272)

Rank in course/Men: 90 (of 245)

Best time in course: 3:07:01

Category:

Rank in category: 22(of 51)

Senioren M45 (45-49 Jahre)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:22	5:17	13	3:50	64	4:36	3.47	18:22	5:17	49		98	
Runde	3.47	18:23	5:17	14	3:21	56	3:42	6.94	36:45	5:17	49		98	
Runde	3.47	18:41	5:23	11	3:12	49	3:44	10.41	55:26	5:19	34		35	
Runde	3.47	19:28	5:36	16	3:30	61	3:51	13.88	1:14:54	5:23	49		56	
Runde	3.47	21:09	6:05	24	4:27	94	5:34	17.35	1:36:03	5:32	49		96	
Runde	3.47	23:21	6:43	31	6:12	140	7:53	20.82	1:59:24	5:44	49		96	1:44
Runde	3.47	24:02	6:55	31	6:03	134	8:29	24.29	2:23:26	5:54	49		96	3:11
Runde	3.47	24:49	7:09	29	6:23	129	8:41	27.76	2:48:15	6:03	49		96	3:35
Runde	3.47	25:08	7:14	26	5:57	115	9:06	31.23	3:13:23	6:11	49		95	54:33
Runde	3.47	25:09	7:14	21	5:43	96	9:03	34.70	3:38:32	6:17	47		90	1:03:36
Runde	3.47	26:02	7:30	20	6:36	105	10:10	38.17	4:04:34	6:24	47		90	1:13:46
Runde	3.97	25:45	6:29	21	7:46	110	25:28	42.18	4:30:19	6:24	23	55:25	93	3:01:06