



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Staal, Finn

Club: Bluegarden Sport
Number: 441

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:30:54

Speed: 9.30 km/h
Running performance: 6:25 min/km

Rank in course/Total: 99 (of 272)

Rank in course/Men: 92 (of 245)

Best time in course: 3:07:01

Rank in category: 11(of 40)

Best time in the category: 3:22:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:15	5:32	10	4:38	86	5:29	3.47	19:15	5:32	32		100	
Runde	3.47	19:51	5:43	11	4:43	98	5:10	6.94	39:06	5:38	30		96	
Runde	3.47	20:27	5:53	11	4:42	104	5:30	10.41	59:33	5:43	32		100	
Runde	3.47	20:52	6:00	10	4:39	101	5:15	13.88	1:20:25	5:47	21		99	
Runde	3.47	21:19	6:08	11	4:47	100	5:44	17.35	1:41:44	5:51	21		98	5:28
Runde	3.47	22:00	6:20	13	4:52	105	6:32	20.82	2:03:44	5:56	21		98	6:04
Runde	3.47	22:26	6:27	10	4:58	88	6:53	24.29	2:26:10	6:01	21		98	5:55
Runde	3.47	23:01	6:37	10	5:35	84	6:53	27.76	2:49:11	6:05	21		98	4:31
Runde	3.47	24:20	7:00	11	6:26	95	8:18	31.23	3:13:31	6:11	21		97	54:41
Runde	3.47	25:38	7:23	16	7:11	111	9:32	34.70	3:39:09	6:18	21		92	1:04:13
Runde	3.47	26:01	7:29	12	7:38	104	10:09	38.17	4:05:10	6:25	21		92	1:14:22
Runde	3.97	25:44	6:28	17	25:15	109	25:27	42.18	4:30:54	6:25	12	3:01:41	95	3:01:41