



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kahlbau, Nora

Club: Düsseldorf
Number: 218

Course: 21.34 km
Halbmarathon

Category:
Frauen (20-29 Jahre)

Total time: 1:57:36

Speed: 10.71 km/h
Running performance: 5:31 min/km

Rank in course/Total: 25 (of 201)

Rank in course/Women: 3 (of 34)

Best time in course: 1:55:00

Rank in category: 1(of 5)

Best time in the category: 1:57:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	19:48	5:42	1	-	6	2:05	3.47	19:48	5:42	1	-	20	
Runde	3.47	19:37	5:39	1	-	5	0:52	6.94	39:25	5:40	1	-	20	
Runde	3.47	19:35	5:38	1	-	3	0:33	10.41	59:00	5:40	1	-	20	
Runde	3.47	19:19	5:34	1	-	1	-	13.88	1:18:19	5:38	1	-	20	
Runde	3.47	19:52	5:43	1	-	2	0:06	17.35	1:38:11	5:39	1	-	20	
Runde	3.97	19:25	4:53	1	-	1	-	21.34	1:57:36	5:30	1	-	3	2:36