



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Knauer, Thomas

Club: Berlin
Number: 247

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 4:38:01

Speed: 9.06 km/h
Running performance: 6:35 min/km

Rank in course/Total: 117 (of 272)

Rank in course/Men: 109 (of 245)

Best time in course: 3:07:01

Rank in category: 28(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:58	6:02	37	5:08	131	7:12	3.47	20:58	6:02	60		116	
Runde	3.47	19:57	5:44	25	3:30	101	5:16	6.94	40:55	5:53	60		116	
Runde	3.47	20:29	5:54	27	3:32	106	5:32	10.41	1:01:24	5:53	60		116	
Runde	3.47	21:32	6:12	31	4:31	122	5:55	13.88	1:22:56	5:58	60		115	
Runde	3.47	22:46	6:33	39	5:31	149	7:11	17.35	1:45:42	6:05	60		114	9:26
Runde	3.47	23:24	6:44	36	5:35	142	7:56	20.82	2:09:06	6:12	60		114	11:26
Runde	3.47	24:24	7:01	37	6:13	147	8:51	24.29	2:33:30	6:19	60		114	13:15
Runde	3.47	24:47	7:08	33	6:20	128	8:39	27.76	2:58:17	6:25	60		114	13:37
Runde	3.47	25:06	7:14	29	6:31	113	9:04	31.23	3:23:23	6:30	60		113	1:04:33
Runde	3.47	25:18	7:17	25	5:49	99	9:12	34.70	3:48:41	6:35	60		108	1:13:45
Runde	3.47	24:49	7:09	12	5:22	73	8:57	38.17	4:13:30	6:38	60		108	1:22:42
Runde	3.97	24:31	6:10	16	6:32	87	24:14	42.18	4:38:01	6:35	28	1:02:18	112	3:08:48