



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Machel, Michael

Total time: 4:42:43

Number: 292

Speed: 8.91 km/h

Running performance: 6:42 min/km

Course: 42.18 km
Marathon

Rank in course/Total: 124 (of 272)

Rank in course/Men: 115 (of 245)

Best time in course: 3:07:01

Category:

Rank in category: 30(of 63)

Senioren M40 (40-44 Jahre)

Best time in the category: 3:35:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
Runde	3.47	18:54	5:26	20	3:04	74	5:08	3.47	18:54	5:26	62					123	
Runde	3.47	20:10	5:48	27	3:43	107	5:29	6.94	39:04	5:37	62					123	
Runde	3.47	20:25	5:53	26	3:28	99	5:28	10.41	59:29	5:42	62					123	
Runde	3.47	20:46	5:59	23	3:45	98	5:09	13.88	1:20:15	5:46	62					121	
Runde	3.47	20:55	6:01	20	3:40	84	5:20	17.35	1:41:10	5:49	55				104	4:54	
Runde	3.47	21:39	6:14	23	3:50	94	6:11	20.82	2:02:49	5:53	62				121	5:09	
Runde	3.47	23:05	6:39	26	4:54	112	7:32	24.29	2:25:54	6:00	62				121	5:39	
Runde	3.47	24:26	7:02	31	5:59	119	8:18	27.76	2:50:20	6:08	62				121	5:40	
Runde	3.47	25:54	7:27	32	7:19	128	9:52	31.23	3:16:14	6:17	62				119	57:24	
Runde	3.47	27:53	8:02	37	8:24	145	11:47	34.70	3:44:07	6:27	62				114	1:09:11	
Runde	3.47	27:38	7:57	34	8:11	133	11:46	38.17	4:11:45	6:35	62				115	1:20:57	
Runde	3.97	30:58	7:48	49	12:59	196	30:41	42.18	4:42:43	6:42	30	1:07:00	118	3:13:30			