



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Schröder, Dirk

Club: Turnerschaft Bielefeld v. 1878 e.V.
Number: 419

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:42:48

Speed: 8.91 km/h
Running performance: 6:42 min/km

Rank in course/Total: 126 (of 272)

Rank in course/Men: 117 (of 245)

Best time in course: 3:07:01

Rank in category: 25(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	18:46	5:24	15	4:14	72	5:00	3.47	18:46	5:24	12		124	
Runde	3.47	20:01	5:46	26	4:59	102	5:20	6.94	38:47	5:35	51		124	
Runde	3.47	20:27	5:53	27	4:58	104	5:30	10.41	59:14	5:41	51		124	
Runde	3.47	21:05	6:04	28	5:07	108	5:28	13.88	1:20:19	5:47	51		123	
Runde	3.47	22:50	6:34	32	6:08	150	7:15	17.35	1:43:09	5:56	51		122	6:53
Runde	3.47	23:26	6:45	33	6:17	143	7:58	20.82	2:06:35	6:04	51		122	8:55
Runde	3.47	24:15	6:59	35	6:16	142	8:42	24.29	2:30:50	6:12	51		122	10:35
Runde	3.47	24:53	7:10	30	6:27	130	8:45	27.76	2:55:43	6:19	51		122	11:03
Runde	3.47	26:42	7:41	33	7:31	144	10:40	31.23	3:22:25	6:28	51		121	1:03:35
Runde	3.47	26:37	7:40	29	7:11	131	10:31	34.70	3:49:02	6:36	49		116	1:14:06
Runde	3.47	27:14	7:50	27	7:48	128	11:22	38.17	4:16:16	6:42	49		116	1:25:28
Runde	3.97	26:32	6:41	26	8:33	125	26:15	42.18	4:42:48	6:42	26	1:07:54	120	3:13:35