



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Waller, Nicole

Club: SC Delphin Ingolstadt
Number: 489

Course: 42.18 km
Marathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 4:43:18

Speed: 8.90 km/h
Running performance: 6:43 min/km

Rank in course/Total: 128 (of 272)

Rank in course/Women: 10 (of 27)

Best time in course: 3:36:40

Rank in category: 4(of 6)

Best time in the category: 3:36:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	20:34	5:55	4	4:00	12	4:00	3.47	20:34	5:55	4	4:00	1	-
Runde	3.47	21:54	6:18	4	5:03	13	5:03	6.94	42:28	6:07	4	9:03	1	-
Runde	3.47	22:02	6:20	4	4:53	11	4:53	10.41	1:04:30	6:11	4	13:56	1	-
Runde	3.47	22:04	6:21	4	5:32	9	5:32	13.88	1:26:34	6:14	4	19:28	15	4:28
Runde	3.47	23:05	6:39	4	5:43	11	5:43	17.35	1:49:39	6:19	4	25:11	15	
Runde	3.47	23:27	6:45	4	6:09	10	6:09	20.82	2:13:06	6:23	4	31:20	15	
Runde	3.47	24:06	6:56	4	5:51	10	5:51	24.29	2:37:12	6:28	4	37:11	15	
Runde	3.47	24:40	7:06	4	6:31	10	6:31	27.76	3:01:52	6:33	4	43:42	15	
Runde	3.47	25:12	7:15	4	5:32	11	5:32	31.23	3:27:04	6:37	4	49:14	15	
Runde	3.47	25:36	7:22	4	6:09	11	6:09	34.70	3:52:40	6:42	4	55:23	15	
Runde	3.47	25:45	7:25	4	7:14	11	7:14	38.17	4:18:25	6:46	4	1:02:37	15	
Runde	3.97	24:53	6:16	4	4:01	10	4:01	42.18	4:43:18	6:42	4	1:06:38	10	1:06:38