



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

del Boca-Boers, Thorsten

Club: Bielefeld
Number: 65

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:44:02

Speed: 8.87 km/h
Running performance: 6:44 min/km

Rank in course/Total: 130 (of 272)

Rank in course/Men: 120 (of 245)

Best time in course: 3:07:01

Rank in category: 27(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:14	6:07	30	6:42	136	7:28	3.47	21:14	6:07	2		127	
Runde	3.47	22:16	6:25	37	7:14	166	7:35	6.94	43:30	6:16	2		127	
Runde	3.47	22:45	6:33	38	7:16	167	7:48	10.41	1:06:15	6:21	2		127	
Runde	3.47	22:39	6:31	37	6:41	160	7:02	13.88	1:28:54	6:24	2		126	
Runde	3.47	22:25	6:27	30	5:43	140	6:50	17.35	1:51:19	6:24	2		125	15:03
Runde	3.47	23:23	6:44	32	6:14	141	7:55	20.82	2:14:42	6:28	2		125	17:02
Runde	3.47	22:54	6:35	25	4:55	107	7:21	24.29	2:37:36	6:29	2		125	17:21
Runde	3.47	24:15	6:59	24	5:49	113	8:07	27.76	3:01:51	6:33	2		125	17:11
Runde	3.47	24:43	7:07	24	5:32	105	8:41	31.23	3:26:34	6:36	2		124	1:07:44
Runde	3.47	26:13	7:33	28	6:47	121	10:07	34.70	3:52:47	6:42	14		119	1:17:51
Runde	3.47	25:54	7:27	19	6:28	102	10:02	38.17	4:18:41	6:46	14		119	1:27:53
Runde	3.97	25:21	6:23	17	7:22	98	25:04	42.18	4:44:02	6:44	28	1:09:08	123	3:14:49