



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Riebeseel, Jens

Club: Team Dickfeitzen / IGAS
Number: 379

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:44:12

Speed: 8.87 km/h
Running performance: 6:44 min/km

Rank in course/Total: 131 (of 272)

Rank in course/Men: 121 (of 245)

Best time in course: 3:07:01

Rank in category: 28(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	25:43	7:24	51	11:11	228	11:57	3.47	25:43	7:24	3	3:45	128	3:17
Runde	3.47	22:24	6:27	38	7:22	170	7:43	6.94	48:07	6:55	3	3:34	128	
Runde	3.47	22:00	6:20	32	6:31	147	7:03	10.41	1:10:07	6:44	3	1:59	128	
Runde	3.47	21:57	6:19	30	5:59	133	6:20	13.88	1:32:04	6:37	3	0:01	101	
Runde	3.47	21:48	6:16	28	5:06	120	6:13	17.35	1:53:52	6:33	3		126	17:36
Runde	3.47	21:52	6:18	26	4:43	101	6:24	20.82	2:15:44	6:31	3		126	18:04
Runde	3.47	22:33	6:29	23	4:34	92	7:00	24.29	2:38:17	6:30	3		126	18:02
Runde	3.47	22:58	6:37	19	4:32	79	6:50	27.76	3:01:15	6:31	3		126	16:35
Runde	3.47	23:35	6:47	16	4:24	73	7:33	31.23	3:24:50	6:33	3		125	1:06:00
Runde	3.47	25:38	7:23	26	6:12	111	9:32	34.70	3:50:28	6:38	2		120	1:15:32
Runde	3.47	27:01	7:47	26	7:35	123	11:09	38.17	4:17:29	6:44	2		120	1:26:41
Runde	3.97	26:43	6:43	27	8:44	127	26:26	42.18	4:44:12	6:44	29	1:09:18	124	3:14:59