



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Wichmann, Michael

Club: SGW 05 Berlin
Number: 503

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:44:43

Speed: 8.85 km/h
Running performance: 6:45 min/km

Rank in course/Total: 132 (of 272)

Rank in course/Men: 122 (of 245)

Best time in course: 3:07:01

Rank in category: 29(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:52	6:52	44	9:20	196	10:06	3.47	23:52	6:52	4	1:54	129	1:26
Runde	3.47	21:49	6:17	35	6:47	155	7:08	6.94	45:41	6:34	4	1:08	129	
Runde	3.47	22:13	6:24	34	6:44	152	7:16	10.41	1:07:54	6:31	4		129	
Runde	3.47	22:34	6:30	35	6:36	155	6:57	13.88	1:30:28	6:31	4		128	
Runde	3.47	23:17	6:42	37	6:35	160	7:42	17.35	1:53:45	6:33	4		127	17:29
Runde	3.47	23:35	6:47	35	6:26	149	8:07	20.82	2:17:20	6:35	4		127	19:40
Runde	3.47	23:42	6:49	27	5:43	121	8:09	24.29	2:41:02	6:37	4		127	20:47
Runde	3.47	25:11	7:15	34	6:45	139	9:03	27.76	3:06:13	6:42	4		127	21:33
Runde	3.47	25:24	7:19	28	6:13	119	9:22	31.23	3:31:37	6:46	4		126	1:12:47
Runde	3.47	23:54	6:53	16	4:28	68	7:48	34.70	3:55:31	6:47	3		121	1:20:35
Runde	3.47	25:03	7:13	17	5:37	79	9:11	38.17	4:20:34	6:49	3		121	1:29:46
Runde	3.97	24:09	6:04	15	6:10	73	23:52	42.18	4:44:43	6:45	30	1:09:49	125	3:15:30