



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Gondolf, Oliver**

Club: Rad Dimension  
Number: 122

Course: 42.18 km  
Marathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 4:49:35

Speed: 8.70 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 144 (of 272)

Rank in course/Men: 134 (of 245)

Best time in course: 3:07:01

Rank in category: 21(of 26)

Best time in the category: 3:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:39	5:39	15	5:53	101	5:53	3.47	19:39	5:39	7	1:44	58	
Runde	3.47	20:03	5:46	16	5:22	104	5:22	6.94	39:42	5:43	7	3:32	141	
Runde	3.47	23:08	6:39	24	7:25	178	8:11	10.41	1:02:50	6:02	7	8:03	141	
Runde	3.47	23:14	6:41	23	7:35	173	7:37	13.88	1:26:04	6:12	7	12:17	140	
Runde	3.47	24:42	7:07	25	8:42	186	9:07	17.35	1:50:46	6:23	7	17:36	139	14:30
Runde	3.47	25:49	7:26	26	9:49	195	10:21	20.82	2:16:35	6:33	7	24:11	139	18:55
Runde	3.47	24:49	7:09	22	8:04	154	9:16	24.29	2:41:24	6:38	7	27:16	139	21:09
Runde	3.47	26:24	7:36	22	9:50	165	10:16	27.76	3:07:48	6:45	7	30:57	139	23:08
Runde	3.47	25:52	7:27	18	8:33	126	9:50	31.23	3:33:40	6:50	7	33:20	138	1:14:50
Runde	3.47	26:57	7:45	21	9:55	135	10:51	34.70	4:00:37	6:56	7	35:31	133	1:25:41
Runde	3.47	25:09	7:14	17	8:11	82	9:17	38.17	4:25:46	6:57	7	35:20	133	1:34:58
Runde	3.97	23:49	5:59	12	7:50	66	23:32	42.18	4:49:35	6:51	21	1:35:21	137	3:20:22