



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kajüter, Burkhard

Club: Embüren
Number: 219

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 4:53:27

Speed: 8.59 km/h
Running performance: 6:58 min/km

Rank in course/Total: 155 (of 272)

Rank in course/Men: 145 (of 245)

Best time in course: 3:07:01

Rank in category: 34(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:18	6:08	31	6:46	140	7:32	3.47	21:18	6:08	9		152	
Runde	3.47	21:49	6:17	35	6:47	155	7:08	6.94	43:07	6:12	9		152	
Runde	3.47	21:44	6:15	31	6:15	139	6:47	10.41	1:04:51	6:13	9		152	
Runde	3.47	22:42	6:32	38	6:44	161	7:05	13.88	1:27:33	6:18	9		151	
Runde	3.47	23:00	6:37	33	6:18	153	7:25	17.35	1:50:33	6:22	9		150	14:17
Runde	3.47	22:41	6:32	27	5:32	126	7:13	20.82	2:13:14	6:23	9		150	15:34
Runde	3.47	24:30	7:03	36	6:31	150	8:57	24.29	2:37:44	6:29	9		150	17:29
Runde	3.47	24:55	7:10	31	6:29	131	8:47	27.76	3:02:39	6:34	9		150	17:59
Runde	3.47	26:57	7:45	35	7:46	151	10:55	31.23	3:29:36	6:42	9		149	1:10:46
Runde	3.47	28:01	8:04	34	8:35	151	11:55	34.70	3:57:37	6:50	8		144	1:22:41
Runde	3.47	28:45	8:17	37	9:19	161	12:53	38.17	4:26:22	6:58	8		144	1:35:34
Runde	3.97	27:05	6:49	30	9:06	134	26:48	42.18	4:53:27	6:57	35	1:18:33	148	3:24:14