



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Rausch, Oliver

Total time: 4:54:11

Number: 369

Speed: 8.57 km/h

Running performance: 6:58 min/km

Course: 42.18 km
Marathon

Rank in course/Total: 157 (of 272)

Rank in course/Men: 147 (of 245)

Best time in course: 3:07:01

Category:

Rank in category: 22(of 26)

Senioren M35 (35-39 Jahre)

Best time in the category: 3:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:58	6:54	24	10:12	199	10:12	3.47	23:58	6:54	6	6:03	155	1:32
Runde	3.47	22:12	6:23	22	7:31	163	7:31	6.94	46:10	6:39	6	10:00	155	
Runde	3.47	22:53	6:35	20	7:10	172	7:56	10.41	1:09:03	6:37	6	14:16	155	
Runde	3.47	23:09	6:40	22	7:30	172	7:32	13.88	1:32:12	6:38	6	18:25	154	
Runde	3.47	24:02	6:55	22	8:02	173	8:27	17.35	1:56:14	6:41	6	23:04	153	19:58
Runde	3.47	24:19	7:00	23	8:19	168	8:51	20.82	2:20:33	6:45	6	28:09	153	22:53
Runde	3.47	24:21	7:01	21	7:36	146	8:48	24.29	2:44:54	6:47	6	30:46	153	24:39
Runde	3.47	24:56	7:11	19	8:22	132	8:48	27.76	3:09:50	6:50	6	32:59	153	25:10
Runde	3.47	26:51	7:44	21	9:32	147	10:49	31.23	3:36:41	6:56	6	36:21	152	1:17:51
Runde	3.47	25:57	7:28	18	8:55	118	9:51	34.70	4:02:38	6:59	6	37:32	147	1:27:42
Runde	3.47	27:12	7:50	21	10:14	127	11:20	38.17	4:29:50	7:04	6	39:24	147	1:39:02
Runde	3.97	24:21	6:08	14	8:22	78	24:04	42.18	4:54:11	6:58	22	1:39:57	150	3:24:58