



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Kämpfer, Martin

Club: SGW 05 Berlin
Number: 269

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 5:02:07

Speed: 8.34 km/h
Running performance: 7:10 min/km

Rank in course/Total: 171 (of 272)

Rank in course/Men: 158 (of 245)

Best time in course: 3:07:01

Rank in category: 42(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	25:05	7:13	57	9:15	222	11:19	3.47	25:05	7:13	11		165	2:39
Runde	3.47	24:16	6:59	56	7:49	214	9:35	6.94	49:21	7:06	11		165	
Runde	3.47	24:30	7:03	55	7:33	207	9:33	10.41	1:13:51	7:05	11		165	
Runde	3.47	24:32	7:04	55	7:31	199	8:55	13.88	1:38:23	7:05	11	0:17	164	3:25
Runde	3.47	24:51	7:09	49	7:36	188	9:16	17.35	2:03:14	7:06	11	1:18	163	26:58
Runde	3.47	24:15	6:59	45	6:26	164	8:47	20.82	2:27:29	7:05	11	1:52	163	29:49
Runde	3.47	25:56	7:28	47	7:45	178	10:23	24.29	2:53:25	7:08	11	3:13	163	33:10
Runde	3.47	25:38	7:23	39	7:11	145	9:30	27.76	3:19:03	7:10	11	2:06	163	34:23
Runde	3.47	26:28	7:37	36	7:53	139	10:26	31.23	3:45:31	7:13	11	2:29	162	1:26:41
Runde	3.47	25:29	7:20	29	6:00	105	9:23	34.70	4:11:00	7:14	11		157	1:36:04
Runde	3.47	25:39	7:23	22	6:12	96	9:47	38.17	4:36:39	7:14	11		157	1:45:51
Runde	3.97	25:28	6:24	24	7:29	102	25:11	42.18	5:02:07	7:09	42	1:26:24	161	3:32:54