



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Modry, Markus**

Club: Schmitten  
Number: 308

Course: 42.18 km  
Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 5:05:53

Speed: 8.24 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 180 (of 272)

Rank in course/Men: 165 (of 245)

Best time in course: 3:07:01

Rank in category: 38(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:58	6:19	37	7:26	168	8:12	3.47	21:58	6:19	1	-	173	
Runde	3.47	22:35	6:30	40	7:33	177	7:54	6.94	44:33	6:25	1	-	173	
Runde	3.47	23:35	6:47	40	8:06	185	8:38	10.41	1:08:08	6:32	1	-	173	
Runde	3.47	23:55	6:53	41	7:57	185	8:18	13.88	1:32:03	6:37	1	-	172	
Runde	3.47	23:57	6:54	38	7:15	170	8:22	17.35	1:56:00	6:41	1	-	171	19:44
Runde	3.47	24:53	7:10	39	7:44	174	9:25	20.82	2:20:53	6:46	1	-	171	23:13
Runde	3.47	25:49	7:26	41	7:50	173	10:16	24.29	2:46:42	6:51	1	-	171	26:27
Runde	3.47	26:58	7:46	39	8:32	178	10:50	27.76	3:13:40	6:58	1	-	171	29:00
Runde	3.47	27:37	7:57	38	8:26	165	11:35	31.23	3:41:17	7:05	1	-	170	1:22:27
Runde	3.47	28:53	8:19	36	9:27	166	12:47	34.70	4:10:10	7:12	13		165	1:35:14
Runde	3.47	28:06	8:05	33	8:40	147	12:14	38.17	4:38:16	7:17	13		165	1:47:28
Runde	3.97	27:37	6:57	32	9:38	140	27:20	42.18	5:05:53	7:15	39	1:30:59	168	3:36:40