



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

Gänßbauer, Florian

Club: VfL Wampenhäusen  
Number: 136

Course: 42.18 km  
Marathon

Category:  
Männer (20-29 Jahre)

Total time: 5:05:59

Speed: 8.24 km/h  
Running performance: 7:15 min/km

Rank in course/Total: 182 (of 272)

Rank in course/Men: 167 (of 245)

Best time in course: 3:07:01

Rank in category: 15(of 20)

Best time in the category: 3:07:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:02	5:46	14	5:45	110	6:16	3.47	20:02	5:46	4	0:35	175	
Runde	3.47	19:42	5:40	12	4:41	94	5:01	6.94	39:44	5:43	4	2:12	175	
Runde	3.47	20:38	5:56	13	5:41	111	5:41	10.41	1:00:22	5:47	4	4:24	175	
Runde	3.47	20:47	5:59	13	5:10	99	5:10	13.88	1:21:09	5:50	4	6:24	174	
Runde	3.47	22:26	6:27	16	6:51	142	6:51	17.35	1:43:35	5:58	4	9:39	173	7:19
Runde	3.47	24:56	7:11	17	9:28	177	9:28	20.82	2:08:31	6:10	4	15:17	173	10:51
Runde	3.47	25:14	7:16	14	9:41	164	9:41	24.29	2:33:45	6:19	4	20:01	102	13:30
Runde	3.47	27:00	7:46	17	10:52	179	10:52	27.76	3:00:45	6:30	4	26:07	173	16:05
Runde	3.47	30:24	8:45	16	14:22	211	14:22	31.23	3:31:09	6:45	4	15:02	172	1:12:19
Runde	3.47	32:33	9:22	16	16:27	214	16:27	34.70	4:03:42	7:01	4	24:11	167	1:28:46
Runde	3.47	31:36	9:06	17	15:44	201	15:44	38.17	4:35:18	7:12	4	30:27	167	1:44:30
Runde	3.97	30:41	7:43	17	14:28	192	30:24	42.18	5:05:59	7:15	16	1:58:58	170	3:36:46