



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Boeskov, Tue

Club: København N
Number: 45

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 5:09:13

Speed: 8.15 km/h
Running performance: 7:20 min/km

Rank in course/Total: 190 (of 272)

Rank in course/Men: 174 (of 245)

Best time in course: 3:07:01

Rank in category: 48(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	25:49	7:26	61	9:59	233	12:03	3.47	25:49	7:26	1	-	182	3:23
Runde	3.47	24:52	7:09	61	8:25	225	10:11	6.94	50:41	7:18	1	-	182	0:24
Runde	3.47	24:19	7:00	53	7:22	202	9:22	10.41	1:15:00	7:12	1	-	182	
Runde	3.47	23:06	6:39	46	6:05	170	7:29	13.88	1:38:06	7:04	1	-	181	3:08
Runde	3.47	23:50	6:52	46	6:35	169	8:15	17.35	2:01:56	7:01	1	-	180	25:40
Runde	3.47	23:41	6:49	38	5:52	151	8:13	20.82	2:25:37	6:59	1	-	180	27:57
Runde	3.47	24:35	7:05	39	6:24	151	9:02	24.29	2:50:12	7:00	1	-	180	29:57
Runde	3.47	26:45	7:42	48	8:18	169	10:37	27.76	3:16:57	7:05	1	-	180	32:17
Runde	3.47	26:05	7:31	34	7:30	133	10:03	31.23	3:43:02	7:08	1	-	179	1:24:12
Runde	3.47	28:04	8:05	39	8:35	153	11:58	34.70	4:11:06	7:14	1	-	174	1:36:10
Runde	3.47	28:52	8:19	41	9:25	166	13:00	38.17	4:39:58	7:20	1	-	174	1:49:10
Runde	3.97	29:15	7:22	39	11:16	165	28:58	42.18	5:09:13	7:19	48	1:33:30	177	3:40:00