



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

Toetzke, Falko

Number: 472

Course: 42.18 km  
Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 5:10:09

Speed: 8.13 km/h

Running performance: 7:21 min/km

Rank in course/Total: 192 (of 272)

Rank in course/Men: 176 (of 245)

Best time in course: 3:07:01

Rank in category: 49(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	16:59	4:53	6	1:09	34	3:13	3.47	16:59	4:53	18		23	
Runde	3.47	20:30	5:54	32	4:03	117	5:49	6.94	37:29	5:24	18		184	
Runde	3.47	21:45	6:16	39	4:48	141	6:48	10.41	59:14	5:41	18		124	
Runde	3.47	22:35	6:30	40	5:34	156	6:58	13.88	1:21:49	5:53	18		183	
Runde	3.47	25:09	7:14	52	7:54	196	9:34	17.35	1:46:58	6:09	18		182	10:42
Runde	3.47	26:28	7:37	58	8:39	210	11:00	20.82	2:13:26	6:24	18		182	15:46
Runde	3.47	26:54	7:45	50	8:43	192	11:21	24.29	2:40:20	6:36	18		182	20:05
Runde	3.47	27:27	7:54	52	9:00	187	11:19	27.76	3:07:47	6:45	18		182	23:07
Runde	3.47	29:42	8:33	54	11:07	199	13:40	31.23	3:37:29	6:57	18		181	1:18:39
Runde	3.47	30:48	8:52	52	11:19	196	14:42	34.70	4:08:17	7:09	18		171	1:33:21
Runde	3.47	31:47	9:09	52	12:20	204	15:55	38.17	4:40:04	7:20	18	0:06	176	1:49:16
Runde	3.97	30:05	7:34	43	12:06	181	29:48	42.18	5:10:09	7:21	49	1:34:26	179	3:40:56