



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Blumensaat, Roland

Club: schritt-weise.de
Number: 43

Course: 42.18 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 5:11:07

Speed: 8.10 km/h
Running performance: 7:23 min/km

Rank in course/Total: 193 (of 272)

Rank in course/Men: 177 (of 245)

Best time in course: 3:07:01

Rank in category: 9(of 19)

Best time in the category: 3:20:35

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 28:24 | 8:11 | 19 | 12:56 | 245 | 14:38 | 3.47 | 28:24 | 8:11 | 10 | 6:50 | 185 | 5:58 |
| Runde | 3.47 | 27:34 | 7:56 | 18 | 11:46 | 242 | 12:53 | 6.94 | 55:58 | 8:03 | 10 | 11:59 | 185 | 5:41 |
| Runde | 3.47 | 25:44 | 7:24 | 16 | 9:39 | 230 | 10:47 | 10.41 | 1:21:42 | 7:50 | 10 | 15:12 | 185 | |
| Runde | 3.47 | 24:27 | 7:02 | 10 | 8:03 | 197 | 8:50 | 13.88 | 1:46:09 | 7:38 | 10 | | 184 | 11:11 |
| Runde | 3.47 | 25:31 | 7:21 | 14 | 8:45 | 208 | 9:56 | 17.35 | 2:11:40 | 7:35 | 10 | | 183 | 35:24 |
| Runde | 3.47 | 24:44 | 7:07 | 8 | 7:41 | 172 | 9:16 | 20.82 | 2:36:24 | 7:30 | 10 | | 183 | 38:44 |
| Runde | 3.47 | 25:48 | 7:26 | 8 | 9:12 | 171 | 10:15 | 24.29 | 3:02:12 | 7:30 | 10 | | 183 | 41:57 |
| Runde | 3.47 | 26:22 | 7:35 | 10 | 9:18 | 164 | 10:14 | 27.76 | 3:28:34 | 7:30 | 10 | | 183 | 43:54 |
| Runde | 3.47 | 26:10 | 7:32 | 7 | 8:32 | 135 | 10:08 | 31.23 | 3:54:44 | 7:30 | 10 | | 182 | 1:35:54 |
| Runde | 3.47 | 26:34 | 7:39 | 8 | 9:07 | 130 | 10:28 | 34.70 | 4:21:18 | 7:31 | 1 | - | 177 | 1:46:22 |
| Runde | 3.47 | 25:20 | 7:18 | 7 | 8:15 | 88 | 9:28 | 38.17 | 4:46:38 | 7:30 | 1 | - | 177 | 1:55:50 |
| Runde | 3.97 | 24:29 | 6:10 | 7 | 24:12 | 82 | 24:12 | 42.18 | 5:11:07 | 7:22 | 9 | 1:50:32 | 180 | 3:41:54 |