



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Sziburis, Sven

Club: Beuna
Number: 460

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:16:22

Speed: 7.97 km/h
Running performance: 7:30 min/km

Rank in course/Total: 205 (of 272)

Rank in course/Men: 188 (of 245)

Best time in course: 3:07:01

Rank in category: 41(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	22:57	6:36	42	8:25	182	9:11	3.47	22:57	6:36	17	0:59	196	0:31
Runde	3.47	23:24	6:44	43	8:22	197	8:43	6.94	46:21	6:40	17	1:48	196	
Runde	3.47	23:53	6:52	41	8:24	193	8:56	10.41	1:10:14	6:44	17	2:06	196	
Runde	3.47	23:50	6:52	40	7:52	183	8:13	13.88	1:34:04	6:46	17	2:01	195	
Runde	3.47	24:41	7:06	43	7:59	185	9:06	17.35	1:58:45	6:50	17	2:45	194	22:29
Runde	3.47	24:51	7:09	38	7:42	173	9:23	20.82	2:23:36	6:53	17	2:43	194	25:56
Runde	3.47	25:42	7:24	40	7:43	169	10:09	24.29	2:49:18	6:58	17	2:36	194	29:03
Runde	3.47	27:52	8:01	43	9:26	192	11:44	27.76	3:17:10	7:06	17	3:30	194	32:30
Runde	3.47	28:25	8:11	40	9:14	176	12:23	31.23	3:45:35	7:13	17	4:18	193	1:26:45
Runde	3.47	29:58	8:38	38	10:32	184	13:52	34.70	4:15:33	7:21	16	2:35	188	1:40:37
Runde	3.47	30:30	8:47	42	11:04	189	14:38	38.17	4:46:03	7:29	16	5:18	188	1:55:15
Runde	3.97	30:19	7:38	40	12:20	187	30:02	42.18	5:16:22	7:30	42	1:41:28	191	3:47:09