



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Liedloff, Sven

Club: Freaky Friday Runners Bamberg
Number: 282

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 5:17:09

Speed: 7.95 km/h
Running performance: 7:31 min/km

Rank in course/Total: 206 (of 272)

Rank in course/Men: 189 (of 245)

Best time in course: 3:07:01

Rank in category: 42(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:30	6:11	35	6:58	151	7:44	3.47	21:30	6:11	18		197	
Runde	3.47	21:35	6:13	32	6:33	146	6:54	6.94	43:05	6:12	18		197	
Runde	3.47	22:52	6:35	39	7:23	170	7:55	10.41	1:05:57	6:20	18		197	
Runde	3.47	23:05	6:39	39	7:07	169	7:28	13.88	1:29:02	6:24	18		196	
Runde	3.47	24:26	7:02	41	7:44	178	8:51	17.35	1:53:28	6:32	18		195	17:12
Runde	3.47	25:26	7:19	41	8:17	185	9:58	20.82	2:18:54	6:40	18		195	21:14
Runde	3.47	25:12	7:15	39	7:13	163	9:39	24.29	2:44:06	6:45	18		195	23:51
Runde	3.47	25:48	7:26	35	7:22	149	9:40	27.76	3:09:54	6:50	18		195	25:14
Runde	3.47	27:37	7:57	38	8:26	165	11:35	31.23	3:37:31	6:57	18		194	1:18:41
Runde	3.47	31:45	9:08	45	12:19	205	15:39	34.70	4:09:16	7:11	17		189	1:34:20
Runde	3.47	32:45	9:26	45	13:19	212	16:53	38.17	4:42:01	7:23	17	1:16	189	1:51:13
Runde	3.97	35:08	8:50	49	17:09	223	34:51	42.18	5:17:09	7:31	43	1:42:15	192	3:47:56