



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Stöger, Josef

Club: Runtasia
Number: 458

Course: 42.18 km
Marathon

Category:
Senioren M60 (60-64 Jahre)

Total time: 5:17:30

Speed: 7.94 km/h
Running performance: 7:32 min/km

Rank in course/Total: 207 (of 272)

Rank in course/Men: 190 (of 245)

Best time in course: 3:07:01

Rank in category: 3(of 7)

Best time in the category: 4:34:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:17	6:42	4	3:46	186	9:31	3.47	23:17	6:42	3	3:46	198	0:51
Runde	3.47	23:23	6:44	3	3:03	196	8:42	6.94	46:40	6:43	3	6:49	198	
Runde	3.47	23:32	6:46	3	2:40	183	8:35	10.41	1:10:12	6:44	3	9:29	93	
Runde	3.47	24:36	7:05	4	3:19	201	8:59	13.88	1:34:48	6:49	3	12:48	197	
Runde	3.47	25:36	7:22	4	4:09	213	10:01	17.35	2:00:24	6:56	3	16:57	196	24:08
Runde	3.47	26:30	7:38	4	3:56	211	11:02	20.82	2:26:54	7:03	3	20:53	196	29:14
Runde	3.47	28:16	8:08	5	4:16	212	12:43	24.29	2:55:10	7:12	3	25:09	196	34:55
Runde	3.47	29:03	8:22	5	4:33	208	12:55	27.76	3:24:13	7:21	3	29:42	196	39:33
Runde	3.47	28:48	8:17	2	3:43	183	12:46	31.23	3:53:01	7:27	3	33:25	195	1:34:11
Runde	3.47	28:00	8:04	2	2:15	150	11:54	34.70	4:21:01	7:31	3	35:40	190	1:46:05
Runde	3.47	27:53	8:02	2	2:53	140	12:01	38.17	4:48:54	7:34	3	38:33	190	1:58:06
Runde	3.97	28:36	7:12	2	4:25	154	28:19	42.18	5:17:30	7:31	3	42:58	193	3:48:17