



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Kraus, Matej**

Club: Prasopsi Plzen  
Number: 258

Course: 42.18 km  
Marathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 5:18:45

Speed: 7.94 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 210 (of 272)

Rank in course/Men: 192 (of 245)

Best time in course: 3:07:01

Rank in category: 52(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:00	6:37	47	7:10	183	9:14	3.47	23:00	6:37	21		200	0:34
Runde	3.47	23:17	6:42	52	6:50	195	8:36	6.94	46:17	6:40	21		117	
Runde	3.47	22:51	6:35	46	5:54	169	7:54	10.41	1:09:08	6:38	21		200	
Runde	3.47	23:56	6:53	51	6:55	186	8:19	13.88	1:33:04	6:42	21		200	
Runde	3.47	25:25	7:19	53	8:10	203	9:50	17.35	1:58:29	6:49	21		199	22:13
Runde	3.47	25:13	7:16	50	7:24	181	9:45	20.82	2:23:42	6:54	21		199	26:02
Runde	3.47	27:05	7:48	51	8:54	193	11:32	24.29	2:50:47	7:01	21	0:35	199	30:32
Runde	3.47	26:52	7:44	49	8:25	175	10:44	27.76	3:17:39	7:07	21	0:42	199	32:59
Runde	3.47	28:51	8:18	49	10:16	185	12:49	31.23	3:46:30	7:15	21	3:28	198	1:27:40
Runde	3.47	29:45	8:34	47	10:16	178	13:39	34.70	4:16:15	7:23	21	5:09	193	1:41:19
Runde	3.47	31:09	8:58	50	11:42	196	15:17	38.17	4:47:24	7:31	21	7:26	193	1:56:36
Runde	3.97	31:21	7:53	53	13:22	201	31:04	42.18	5:18:45	7:33	52	1:43:02	195	3:49:32