



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Hölscher, Michael

Club: einsamer Wolf
Number: 203

Course: 42.18 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 5:21:48

Speed: 7.83 km/h
Running performance: 7:38 min/km

Rank in course/Total: 214 (of 272)

Rank in course/Men: 196 (of 245)

Best time in course: 3:07:01

Rank in category: 12(of 19)

Best time in the category: 3:20:35

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 3.47 | 21:47 | 6:16 | 9 | 6:19 | 156 | 8:01 | 3.47 | 21:47 | 6:16 | 7 | 0:13 | 118 | |
| Runde | 3.47 | 24:03 | 6:55 | 13 | 8:15 | 206 | 9:22 | 6.94 | 45:50 | 6:36 | 7 | 1:51 | 204 | |
| Runde | 3.47 | 24:37 | 7:05 | 13 | 8:32 | 212 | 9:40 | 10.41 | 1:10:27 | 6:46 | 7 | 3:57 | 204 | |
| Runde | 3.47 | 25:18 | 7:17 | 13 | 8:54 | 215 | 9:41 | 13.88 | 1:35:45 | 6:53 | 7 | | 203 | 0:47 |
| Runde | 3.47 | 25:21 | 7:18 | 13 | 8:35 | 201 | 9:46 | 17.35 | 2:01:06 | 6:58 | 7 | | 202 | 24:50 |
| Runde | 3.47 | 26:40 | 7:41 | 15 | 9:37 | 217 | 11:12 | 20.82 | 2:27:46 | 7:05 | 7 | | 202 | 30:06 |
| Runde | 3.47 | 28:16 | 8:08 | 13 | 11:40 | 212 | 12:43 | 24.29 | 2:56:02 | 7:14 | 7 | | 202 | 35:47 |
| Runde | 3.47 | 28:23 | 8:10 | 13 | 11:19 | 201 | 12:15 | 27.76 | 3:24:25 | 7:21 | 7 | | 202 | 39:45 |
| Runde | 3.47 | 29:39 | 8:32 | 13 | 12:01 | 197 | 13:37 | 31.23 | 3:54:04 | 7:29 | 7 | | 201 | 1:35:14 |
| Runde | 3.47 | 29:35 | 8:31 | 13 | 12:08 | 175 | 13:29 | 34.70 | 4:23:39 | 7:35 | 7 | 2:21 | 196 | 1:48:43 |
| Runde | 3.47 | 28:42 | 8:16 | 11 | 11:37 | 160 | 12:50 | 38.17 | 4:52:21 | 7:39 | 7 | 5:43 | 196 | 2:01:33 |
| Runde | 3.97 | 29:27 | 7:25 | 11 | 29:10 | 167 | 29:10 | 42.18 | 5:21:48 | 7:37 | 12 | 2:01:13 | 199 | 3:52:35 |