



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Trambo, Uwe

Club: Peewee
Number: 473

Course: 42.18 km
Marathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 5:23:27

Speed: 7.79 km/h
Running performance: 7:40 min/km

Rank in course/Total: 217 (of 272)

Rank in course/Men: 199 (of 245)

Best time in course: 3:07:01

Rank in category: 26(of 26)

Best time in the category: 3:14:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	23:53	6:52	23	10:07	198	10:07	3.47	23:53	6:52	2	5:58	207	1:27
Runde	3.47	21:12	6:06	18	6:31	137	6:31	6.94	45:05	6:29	2	8:55	207	
Runde	3.47	21:30	6:11	17	5:47	131	6:33	10.41	1:06:35	6:23	2	11:48	207	
Runde	3.47	22:12	6:23	19	6:33	144	6:35	13.88	1:28:47	6:23	2	15:00	206	
Runde	3.47	21:40	6:14	17	5:40	113	6:05	17.35	1:50:27	6:21	2	17:17	205	14:11
Runde	3.47	23:38	6:48	21	7:38	150	8:10	20.82	2:14:05	6:26	2	21:41	205	16:25
Runde	3.47	25:03	7:13	23	8:18	159	9:30	24.29	2:39:08	6:33	2	25:00	205	18:53
Runde	3.47	32:40	9:24	26	16:06	237	16:32	27.76	3:11:48	6:54	2	34:57	205	27:08
Runde	3.47	32:44	9:25	26	15:25	229	16:42	31.23	3:44:32	7:11	2	44:12	204	1:25:42
Runde	3.47	31:45	9:08	26	14:43	205	15:39	34.70	4:16:17	7:23	2	51:11	199	1:41:21
Runde	3.47	33:36	9:40	26	16:38	217	17:44	38.17	4:49:53	7:35	2	59:27	199	1:59:05
Runde	3.97	33:34	8:27	26	17:35	217	33:17	42.18	5:23:27	7:40	26	2:09:13	202	3:54:14