



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Hölzle Dr., Alexander

Club: Team D.O.C.
Number: 205

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 5:23:37

Speed: 7.79 km/h
Running performance: 7:40 min/km

Rank in course/Total: 220 (of 272)

Rank in course/Men: 202 (of 245)

Best time in course: 3:07:01

Rank in category: 31(of 40)

Best time in the category: 3:22:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	24:23	7:01	35	9:46	209	10:37	3.47	24:23	7:01	12	0:21	208	1:57
Runde	3.47	24:09	6:57	32	9:01	209	9:28	6.94	48:32	6:59	12	1:35	208	
Runde	3.47	24:56	7:11	35	9:11	221	9:59	10.41	1:13:28	7:03	12	3:08	208	
Runde	3.47	25:06	7:14	34	8:53	213	9:29	13.88	1:38:34	7:06	12	4:38	207	3:36
Runde	3.47	25:29	7:20	33	8:57	204	9:54	17.35	2:04:03	7:08	12	6:05	206	27:47
Runde	3.47	26:50	7:43	32	9:42	221	11:22	20.82	2:30:53	7:14	12	6:45	206	33:13
Runde	3.47	27:22	7:53	28	9:54	200	11:49	24.29	2:58:15	7:20	12	7:14	206	38:00
Runde	3.47	28:00	8:04	25	10:34	196	11:52	27.76	3:26:15	7:25	12	7:14	206	41:35
Runde	3.47	28:44	8:16	25	10:50	181	12:42	31.23	3:54:59	7:31	12	5:48	205	1:36:09
Runde	3.47	28:55	8:20	23	10:28	167	12:49	34.70	4:23:54	7:36	12	4:16	200	1:48:58
Runde	3.47	30:14	8:42	26	11:51	185	14:22	38.17	4:54:08	7:42	12	4:30	200	2:03:20
Runde	3.97	29:29	7:25	27	29:00	168	29:12	42.18	5:23:37	7:40	32	3:54:24	205	3:54:24