



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Riedel, Christian

Club: Düsseldorf
Number: 381

Course: 42.18 km
Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 5:24:04

Speed: 7.78 km/h
Running performance: 7:41 min/km

Rank in course/Total: 221 (of 272)

Rank in course/Men: 203 (of 245)

Best time in course: 3:07:01

Rank in category: 16(of 18)

Best time in the category: 3:19:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	27:07	7:48	17	11:50	240	13:21	3.47	27:07	7:48	2	10:19	211	4:41
Runde	3.47	25:25	7:19	17	10:09	231	10:44	6.94	52:32	7:34	3	17:24	211	2:15
Runde	3.47	26:17	7:34	17	10:24	233	11:20	10.41	1:18:49	7:34	3	25:11	211	
Runde	3.47	26:44	7:42	18	10:41	234	11:07	13.88	1:45:33	7:36	2	32:31	210	10:35
Runde	3.47	26:45	7:42	17	10:41	224	11:10	17.35	2:12:18	7:37	3	39:10	209	36:02
Runde	3.47	26:37	7:40	16	10:36	214	11:09	20.82	2:38:55	7:37	3	45:03	209	41:15
Runde	3.47	27:19	7:52	18	11:13	198	11:46	24.29	3:06:14	7:40	3	48:49	209	45:59
Runde	3.47	26:54	7:45	14	10:37	176	10:46	27.76	3:33:08	7:40	3	51:33	209	48:28
Runde	3.47	25:49	7:26	12	9:20	124	9:47	31.23	3:58:57	7:39	3	49:20	208	1:40:07
Runde	3.47	27:01	7:47	13	9:39	138	10:55	34.70	4:25:58	7:39	3	50:03	203	1:51:02
Runde	3.47	29:02	8:22	16	10:19	168	13:10	38.17	4:55:00	7:43	3	54:03	203	2:04:12
Runde	3.97	29:04	7:19	14	11:26	162	28:47	42.18	5:24:04	7:40	16	2:04:08	206	3:54:51