



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Mortensen, Mette

Club: Aalborg
Number: 310

Course: 42.18 km
Marathon

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 5:26:30

Speed: 7.72 km/h
Running performance: 7:44 min/km

Rank in course/Total: 224 (of 272)

Rank in course/Women: 19 (of 27)

Best time in course: 3:36:40

Rank in category: 2(of 3)

Best time in the category: 4:22:59

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	22:08	6:22	2	1:47	14	5:34	3.47	22:08	6:22	3		6	1:34
Runde	3.47	23:54	6:53	2	3:57	19	7:03	6.94	46:02	6:37	3		6	3:34
Runde	3.47	24:29	7:03	2	3:51	21	7:20	10.41	1:10:31	6:46	3		6	6:01
Runde	3.47	24:53	7:10	2	4:02	18	8:21	13.88	1:35:24	6:52	2	13:37	6	13:18
Runde	3.47	25:55	7:28	2	5:21	19	8:33	17.35	2:01:19	6:59	2	18:58	6	
Runde	3.47	26:29	7:37	2	5:27	19	9:11	20.82	2:27:48	7:05	2	24:25	6	
Runde	3.47	28:01	8:04	2	6:28	19	9:46	24.29	2:55:49	7:14	2	30:53	6	0:47
Runde	3.47	28:13	8:07	2	5:16	18	10:04	27.76	3:24:02	7:20	2	36:09	6	3:55
Runde	3.47	29:09	8:24	2	5:51	17	9:29	31.23	3:53:11	7:27	2	42:00	6	7:54
Runde	3.47	30:49	8:52	2	7:20	20	11:22	34.70	4:24:00	7:36	2	49:20	6	13:53
Runde	3.47	31:13	8:59	2	6:50	20	12:42	38.17	4:55:13	7:44	2	56:10	6	20:33
Runde	3.97	31:17	7:52	2	7:21	21	10:25	42.18	5:26:30	7:44	2	1:03:31	19	1:49:50