



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Bähr, Mathias

Club: SGW 05 Berlin
Number: 55

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 5:30:53

Speed: 7.62 km/h
Running performance: 7:50 min/km

Rank in course/Total: 226 (of 272)

Rank in course/Men: 207 (of 245)

Best time in course: 3:07:01

Rank in category: 55(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	25:03	7:13	56	9:13	218	11:17	3.47	25:03	7:13	24		215	2:37
Runde	3.47	24:19	7:00	58	7:52	218	9:38	6.94	49:22	7:06	24		215	
Runde	3.47	24:32	7:04	56	7:35	208	9:35	10.41	1:13:54	7:05	24		215	
Runde	3.47	25:45	7:25	59	8:44	217	10:08	13.88	1:39:39	7:10	24	1:33	214	4:41
Runde	3.47	26:57	7:45	61	9:42	227	11:22	17.35	2:06:36	7:17	24	4:40	213	30:20
Runde	3.47	26:07	7:31	55	8:18	204	10:39	20.82	2:32:43	7:20	24	7:06	213	35:03
Runde	3.47	27:36	7:57	57	9:25	205	12:03	24.29	3:00:19	7:25	24	10:07	213	40:04
Runde	3.47	31:11	8:59	62	12:44	226	15:03	27.76	3:31:30	7:37	24	14:33	213	46:50
Runde	3.47	29:53	8:36	56	11:18	202	13:51	31.23	4:01:23	7:43	24	18:21	212	1:42:33
Runde	3.47	29:38	8:32	46	10:09	176	13:32	34.70	4:31:01	7:48	24	19:55	207	1:56:05
Runde	3.47	30:06	8:40	47	10:39	182	14:14	38.17	5:01:07	7:53	24	21:09	207	2:10:19
Runde	3.97	29:46	7:29	42	11:47	176	29:29	42.18	5:30:53	7:50	55	1:55:10	210	4:01:40