



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Schieferbein, Mike

Club: LC Oelsnitz-Erzgebirge
Number: 398

Course: 42.18 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 5:31:41

Speed: 7.60 km/h
Running performance: 7:52 min/km

Rank in course/Total: 228 (of 272)

Rank in course/Men: 209 (of 245)

Best time in course: 3:07:01

Rank in category: 56(of 63)

Best time in the category: 3:35:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	20:29	5:54	33	4:39	121	6:43	3.47	20:29	5:54	25		216	
Runde	3.47	22:02	6:20	45	5:35	161	7:21	6.94	42:31	6:07	25		216	
Runde	3.47	24:28	7:03	54	7:31	205	9:31	10.41	1:06:59	6:26	25		216	
Runde	3.47	26:11	7:32	60	9:10	221	10:34	13.88	1:33:10	6:42	25		215	
Runde	3.47	26:13	7:33	59	8:58	219	10:38	17.35	1:59:23	6:52	25		214	23:07
Runde	3.47	25:45	7:25	53	7:56	193	10:17	20.82	2:25:08	6:58	25		214	27:28
Runde	3.47	29:25	8:28	60	11:14	224	13:52	24.29	2:54:33	7:11	25	4:21	214	34:18
Runde	3.47	29:22	8:27	58	10:55	212	13:14	27.76	3:23:55	7:20	25	6:58	214	39:15
Runde	3.47	32:55	9:29	63	14:20	230	16:53	31.23	3:56:50	7:35	25	13:48	213	1:38:00
Runde	3.47	32:07	9:15	56	12:38	210	16:01	34.70	4:28:57	7:45	25	17:51	208	1:54:01
Runde	3.47	31:56	9:12	53	12:29	205	16:04	38.17	5:00:53	7:52	25	20:55	208	2:10:05
Runde	3.97	30:48	7:45	48	12:49	193	30:31	42.18	5:31:41	7:51	56	1:55:58	212	4:02:28