



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Dilling, Daniela

Club: LG Nord Berlin Ultrateam
Number: 71

Course: 42.18 km
Marathon

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 5:37:13

Speed: 7.47 km/h
Running performance: 7:59 min/km

Rank in course/Total: 232 (of 272)

Rank in course/Women: 20 (of 27)

Best time in course: 3:36:40

Rank in category: 3(of 5)

Best time in the category: 5:03:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	22:47	6:33	2	2:15	17	6:13	3.47	22:47	6:33	4	2:15	5	2:13
Runde	3.47	25:10	7:15	3	1:45	21	8:19	6.94	47:57	6:54	4	4:00	5	5:29
Runde	3.47	26:24	7:36	4	2:51	22	9:15	10.41	1:14:21	7:08	4	6:14	5	9:51
Runde	3.47	27:18	7:52	5	3:24	23	10:46	13.88	1:41:39	7:19	4	8:52	5	19:33
Runde	3.47	27:39	7:58	3	3:49	21	10:17	17.35	2:09:18	7:27	3	10:44	5	4:33
Runde	3.47	28:20	8:09	4	3:26	22	11:02	20.82	2:37:38	7:34	3	14:10	5	7:26
Runde	3.47	29:18	8:26	2	3:42	20	11:03	24.29	3:06:56	7:41	3	17:52	5	11:54
Runde	3.47	30:25	8:45	4	4:24	22	12:16	27.76	3:37:21	7:49	3	22:16	5	17:14
Runde	3.47	29:54	8:37	4	3:36	20	10:14	31.23	4:07:15	7:55	3	25:52	5	21:58
Runde	3.47	30:13	8:42	3	2:46	19	10:46	34.70	4:37:28	7:59	3	28:38	5	27:21
Runde	3.47	30:07	8:40	3	2:24	19	11:36	38.17	5:07:35	8:03	3	30:44	5	32:55
Runde	3.97	29:38	7:27	3	3:35	18	8:46	42.18	5:37:13	7:59	3	33:30	20	2:00:33