



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Grun, Sabrina

Club: TSV Schönberg/Strandläufer
Number: 128

Course: 42.18 km
Marathon

Category:
Frauen (20-29 Jahre)

Total time: 5:37:55

Speed: 7.46 km/h
Running performance: 8:01 min/km

Rank in course/Total: 234 (of 272)

Rank in course/Women: 21 (of 27)

Best time in course: 3:36:40

Rank in category: 3(of 4)

Best time in the category: 4:17:14

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Wome	Women	km	Time	min/km	Cat.	Cat.	Wome	Women
Runde	3.47	22:09	6:22	3	2:14	15	5:35	3.47	22:09	6:22	4		4	1:35
Runde	3.47	21:50	6:17	3	1:34	12	4:59	6.94	43:59	6:20	4		4	1:31
Runde	3.47	22:26	6:27	3	2:01	13	5:17	10.41	1:06:25	6:22	4		4	1:55
Runde	3.47	23:24	6:44	3	2:26	13	6:52	13.88	1:29:49	6:28	4		4	7:43
Runde	3.47	24:12	6:58	3	3:26	15	6:50	17.35	1:54:01	6:34	3	11:41	4	
Runde	3.47	25:41	7:24	3	5:22	17	8:23	20.82	2:19:42	6:42	3	17:03	4	
Runde	3.47	27:01	7:47	3	5:50	18	8:46	24.29	2:46:43	6:51	3	22:53	4	
Runde	3.47	30:11	8:41	3	8:55	21	12:02	27.76	3:16:54	7:05	3	31:48	4	
Runde	3.47	30:51	8:53	3	9:32	22	11:11	31.23	3:47:45	7:17	3	41:20	4	2:28
Runde	3.47	37:54	10:55	3	13:51	23	18:27	34.70	4:25:39	7:39	3	55:11	4	15:32
Runde	3.47	37:15	10:44	3	14:21	23	18:44	38.17	5:02:54	7:56	3	1:09:32	4	28:14
Runde	3.97	35:01	8:49	3	11:09	22	14:09	42.18	5:37:55	8:00	3	1:20:41	21	2:01:15