



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Fischer, Holger

Club: Freiburg
Number: 91

Course: 42.18 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 5:55:42

Speed: 7.08 km/h
Running performance: 8:26 min/km

Rank in course/Total: 250 (of 272)

Rank in course/Men: 228 (of 245)

Best time in course: 3:07:01

Rank in category: 16(of 19)

Best time in the category: 3:20:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	26:11	7:32	17	10:43	236	12:25	3.47	26:11	7:32	3	4:37	236	3:45
Runde	3.47	26:26	7:37	16	10:38	237	11:45	6.94	52:37	7:34	3	8:38	236	2:20
Runde	3.47	26:49	7:43	17	10:44	238	11:52	10.41	1:19:26	7:37	3	12:56	236	
Runde	3.47	27:30	7:55	18	11:06	236	11:53	13.88	1:46:56	7:42	3		235	11:58
Runde	3.47	28:42	8:16	17	11:56	235	13:07	17.35	2:15:38	7:49	3		234	39:22
Runde	3.47	30:45	8:51	19	13:42	243	15:17	20.82	2:46:23	7:59	3	1:17	234	48:43
Runde	3.47	29:03	8:22	16	12:27	221	13:30	24.29	3:15:26	8:02	3	4:49	234	55:11
Runde	3.47	31:39	9:07	17	14:35	227	15:31	27.76	3:47:05	8:10	3	10:10	234	1:02:25
Runde	3.47	31:34	9:05	16	13:56	221	15:32	31.23	4:18:39	8:16	3	15:43	233	1:59:49
Runde	3.47	31:58	9:12	15	14:31	207	15:52	34.70	4:50:37	8:22	3	29:19	228	2:15:41
Runde	3.47	31:45	9:08	14	14:40	202	15:53	38.17	5:22:22	8:26	3	35:44	228	2:31:34
Runde	3.97	33:20	8:23	15	33:03	214	33:03	42.18	5:55:42	8:25	16	2:35:07	231	4:26:29