



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Szarvas, Markus

Club: LT Schnecke Sonsbeck
Number: 459

Course: 42.18 km
Marathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 6:23:47

Speed: 6.57 km/h
Running performance: 9:06 min/km

Rank in course/Total: 258 (of 272)

Rank in course/Men: 236 (of 245)

Best time in course: 3:07:01

Rank in category: 50(of 51)

Best time in the category: 3:34:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	22:08	6:22	39	7:36	172	8:22	3.47	22:08	6:22	26	0:10	244	
Runde	3.47	24:51	7:09	48	9:49	224	10:10	6.94	46:59	6:46	26	2:26	244	
Runde	3.47	26:36	7:39	49	11:07	235	11:39	10.41	1:13:35	7:04	26	5:27	244	
Runde	3.47	27:50	8:01	50	11:52	237	12:13	13.88	1:41:25	7:18	26	9:22	243	6:27
Runde	3.47	29:48	8:35	51	13:06	241	14:13	17.35	2:11:13	7:33	26	15:13	242	34:57
Runde	3.47	30:37	8:49	51	13:28	242	15:09	20.82	2:41:50	7:46	26	20:57	242	44:10
Runde	3.47	34:54	10:03	51	16:55	241	19:21	24.29	3:16:44	8:05	26	30:02	242	56:29
Runde	3.47	39:14	11:18	51	20:48	243	23:06	27.76	3:55:58	8:30	26	42:18	242	1:11:18
Runde	3.47	38:15	11:01	51	19:04	241	22:13	31.23	4:34:13	8:46	26	52:56	241	2:15:23
Runde	3.47	36:42	10:34	48	17:16	232	20:36	34.70	5:10:55	8:57	25	57:57	236	2:35:59
Runde	3.47	35:04	10:06	49	15:38	221	19:12	38.17	5:45:59	9:03	25	1:05:14	236	2:55:11
Runde	3.97	37:48	9:31	50	19:49	233	37:31	42.18	6:23:47	9:05	51	2:48:53	239	4:54:34