



# 13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

## Detailed evaluation

**Achilles, Kathrin**

Club: K.A.T.Zentrum Birkenstein  
Number: 3

Course: 42.18 km  
Marathon

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 6:26:20

Speed: 6.52 km/h  
Running performance: 9:10 min/km

Rank in course/Total: 259 (of 272)

Rank in course/Women: 23 (of 27)

Best time in course: 3:36:40

Rank in category: 6(of 7)

Best time in the category: 4:21:08

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	26:03	7:30	6	8:02	25	9:29	3.47	26:03	7:30	7		2	5:29
Runde	3.47	27:54	8:02	6	8:38	25	11:03	6.94	53:57	7:46	7		2	11:29
Runde	3.47	30:00	8:38	6	10:13	26	12:51	10.41	1:23:57	8:03	7		2	19:27
Runde	3.47	29:52	8:36	6	9:40	24	13:20	13.88	1:53:49	8:12	6	36:24	2	31:43
Runde	3.47	30:31	8:47	6	10:06	23	13:09	17.35	2:24:20	8:19	6	46:30	2	19:35
Runde	3.47	32:26	9:20	6	11:54	23	15:08	20.82	2:56:46	8:29	6	58:24	2	26:34
Runde	3.47	33:50	9:45	6	11:56	23	15:35	24.29	3:30:36	8:40	6	1:10:20	2	35:34
Runde	3.47	34:35	9:57	6	11:34	23	16:26	27.76	4:05:11	8:49	6	1:21:54	2	45:04
Runde	3.47	34:55	10:03	6	11:22	23	15:15	31.23	4:40:06	8:58	6	1:33:16	2	54:49
Runde	3.47	34:23	9:54	6	10:00	22	14:56	34.70	5:14:29	9:03	6	1:43:16	2	1:04:22
Runde	3.47	34:30	9:56	6	9:57	21	15:59	38.17	5:48:59	9:08	6	1:52:55	2	1:14:19
Runde	3.97	37:21	9:24	6	14:33	23	16:29	42.18	6:26:20	9:09	6	2:05:12	23	2:49:40