



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

GINO, PAOLO FRANCESCO

Club: SUPERMARATHON ITALIA
Number: 121

Course: 42.18 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 6:33:48

Speed: 6.40 km/h
Running performance: 9:20 min/km

Rank in course/Total: 260 (of 272)

Rank in course/Men: 237 (of 245)

Best time in course: 3:07:01

Rank in category: 39(of 40)

Best time in the category: 3:22:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	27:38	7:57	40	13:01	243	13:52	3.47	27:38	7:57	20	3:36	245	5:12
Runde	3.47	29:40	8:32	40	14:32	244	14:59	6.94	57:18	8:15	20	10:21	242	7:01
Runde	3.47	32:34	9:23	39	16:49	244	17:37	10.41	1:29:52	8:37	20	19:32	245	1:08
Runde	3.47	31:55	9:11	39	15:42	243	16:18	13.88	2:01:47	8:46	20	27:51	244	26:49
Runde	3.47	32:55	9:29	39	16:23	243	17:20	17.35	2:34:42	8:54	20	36:44	243	58:26
Runde	3.47	29:21	8:27	38	12:13	238	13:53	20.82	3:04:03	8:50	20	39:55	243	1:06:23
Runde	3.47	32:48	9:27	38	15:20	240	17:15	24.29	3:36:51	8:55	20	45:50	243	1:16:36
Runde	3.47	34:40	9:59	38	17:14	241	18:32	27.76	4:11:31	9:03	20	52:30	243	1:26:51
Runde	3.47	38:25	11:04	39	20:31	242	22:23	31.23	4:49:56	9:17	20	1:00:45	242	2:31:06
Runde	3.47	36:27	10:30	37	18:00	231	20:21	34.70	5:26:23	9:24	20	1:06:45	237	2:51:27
Runde	3.47	37:25	10:46	36	19:02	231	21:33	38.17	6:03:48	9:31	20	1:14:10	237	3:13:00
Runde	3.97	30:00	7:33	29	29:31	178	29:43	42.18	6:33:48	9:20	40	5:04:35	240	5:04:35