



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Schwertfeger, Carsten

Club: schwertfeger hits the road
Number: 427

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:05:13

Speed: 10.23 km/h
Running performance: 5:52 min/km

Rank in course/Total: 44 (of 201)

Rank in course/Men: 39 (of 167)

Best time in course: 1:32:52

Rank in category: 4(of 21)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	19:30	5:37	6	1:59	48	5:10	3.47	19:30	5:37	18	0:08	42	
Runde	3.47	18:31	5:20	3	0:16	23	3:42	6.94	38:01	5:28	18		41	8:23
Runde	3.47	19:19	5:34	3	0:21	25	5:39	10.41	57:20	5:30	18		41	12:09
Runde	3.47	20:38	5:56	2	1:42	28	4:51	13.88	1:17:58	5:37	18		40	17:00
Runde	3.47	23:40	6:49	8	4:26	58	7:39	17.35	1:41:38	5:51	18		39	24:39
Runde	3.97	23:35	5:56	9	3:33	64	22:59	21.34	2:05:13	5:52	5	1:17:46	40	1:17:46