



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Grusche, Romy

Club: Die Süßen See Läufer
Number: 129

Course: 21.34 km
Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:11:41

Speed: 9.57 km/h
Running performance: 6:10 min/km

Rank in course/Total: 59 (of 201)

Rank in course/Women: 8 (of 34)

Best time in course: 1:55:00

Rank in category: 2(of 7)

Best time in the category: 2:02:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	3.47	20:18	5:51	3	2:35	7	2:35	3.47	20:18	5:51	2	2:35	24	
Runde	3.47	22:07	6:22	4	2:37	12	3:22	6.94	42:25	6:06	2	5:12	24	
Runde	3.47	22:56	6:36	3	2:33	10	3:54	10.41	1:05:21	6:16	2	7:45	24	
Runde	3.47	22:10	6:23	2	1:18	7	2:51	13.88	1:27:31	6:18	2	9:03	24	
Runde	3.47	21:58	6:19	2	0:22	8	2:12	17.35	1:49:29	6:18	2	9:25	24	
Runde	3.97	22:12	5:35	3	1:32	8	2:47	21.34	2:11:41	6:10	2	9:40	8	16:41