



13. Untertage-Sparkassen-Marathon

Brügman- Schacht, Sondershausen / 15.11.2014

Detailed evaluation

Rinck, Kay-Jochen

Club: Hof
Number: 382

Course: 21.34 km
Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:13:11

Speed: 9.46 km/h
Running performance: 6:14 min/km

Rank in course/Total: 66 (of 201)

Rank in course/Men: 57 (of 167)

Best time in course: 1:32:52

Rank in category: 7(of 21)

Best time in the category: 1:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	3.47	21:47	6:16	10	4:16	87	7:27	3.47	21:47	6:16	15	2:25	59	
Runde	3.47	21:22	6:09	7	3:07	59	6:33	6.94	43:09	6:13	15	0:46	58	13:31
Runde	3.47	21:52	6:18	7	2:54	56	8:12	10.41	1:05:01	6:14	15		58	19:50
Runde	3.47	22:39	6:31	8	3:43	57	6:52	13.88	1:27:40	6:18	15		56	26:42
Runde	3.47	22:52	6:35	6	3:38	48	6:51	17.35	1:50:32	6:22	15		55	33:33
Runde	3.97	22:39	5:42	6	2:37	45	22:03	21.34	2:13:11	6:14	8	1:25:44	58	1:25:44